

Energetix Fitness

Winter Session 2018: Jan 8 - March 2

Monday 8:30AM

1/08 Lodato Park
1/15 Natural Bridges-Delaware
1/22 no class
1/29 Henry Cowell South
2/05 Wilder Ranch
2/12 Pogonip Spring St
2/19 no class
2/26 Fall Creek

Wednesday 8:30AM

1/10 Arana Gulch
1/17 Nisene George's Picnic Area
1/24 Rio Del Mar - Cafe Rio lot
1/31 Anna Jean Cummins Park
2/07 Nisene Marks Ranger Station
2/14 Jose Avenue Park
2/21 Vienna Woods
2/28 SC Gardens/Chaminade trail

Tuesday 6:30-7:30AM

1/09 Westcliff The Lane lot
1/16 SCHS Track
1/23 Natural Bridges Swanton
1/30 Seabright/Castle Beach
2/06 Boardwalk Main Beach
2/13 Delaveaga Trailhead
2/20 Pogonip Gold Club Dr
2/27 Derby Park

Friday 6:30-7:30AM

1/12 New Brighton Beach
1/18 no class
1/26 Capitola Beach
2/02 Arana Gulch
2/09 Oceanview Park
2/16 no class
2/23 Seacliff stairs
3/02 SC Harbor

Sunrise:

7:21AM
7:19AM
7:16AM
7:12AM
7:06AM
6:58AM
6:50AM
6:41AM

